

fyi
first year information

ST. FRANCIS XAVIER UNIVERSITY





MESSAGE FROM THE PRESIDENT

Welcome to the exciting community of St. Francis Xavier University! The choice of a university is one of those life-changing decisions. Between now and your graduation, we will do everything possible to make StFX the very best possible experience for you.

The first day welcome this year occurs on Sunday, September 6, 2009. Students from across Canada and around the world will be joining together to begin a great adventure.

I will be there personally to welcome each and every new student, and to meet as many parents and friends as possible.

After the morning admission, you are encouraged to join us for the Student Services Showcase, followed by the official welcome address for students, family and friends at 1:30 p.m. in the Keating Millennium Centre. We will share with you some thoughts about learning

and living at StFX – the academic programs, support programs, and social and recreational events. We want to ensure everyone is informed and well-prepared for the transition to the experience of university life.

We are excited to have this new class of bright, energetic young people become an important part of StFX as we help prepare them to take their place as the leaders of tomorrow on the world stage. I look forward to meeting you on September 6.

Most sincerely,

Dr. Sean Riley
President

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WELCOME TO StFX

We are all very excited to have you join our community in early September. This booklet provides important information to help you prepare for your arrival on campus. You will find important information such as:

- Academic advising and course selection procedures
- Support services for all students
- An outline of the Student StFX Health Plan
- An overview of our Internet and email options
- Business Office fees and payment details
- A campus map

Accompanying this guide you should have received your student ID number and mesAMIS Person Identification Number (PIN), and an Academic Calendar. If you find you need additional information, please contact the appropriate StFX department. We would be happy to help.

THREE UNFORGETTABLE EVENTS

...in your life at StFX – and the first one is coming soon!

Xaverian Welcome

Wednesday, September 9, 2009

X-Ring Ceremony

December 3, 2012



Graduation

As early as May 2011 for engineers, and 2013 for four-year programs

FIRST YEAR CHECKLIST

As the summer passes, here are a couple of things to put on your 'to do' list:

- Watch for a variety of emails and regular post mail from StFX and your Students' Union. If you live in residence you can expect to receive in early August a letter from your House President and House Director
- Follow the instructions on page 5, read the applicable sections of the Academic Calendar and think about what courses you would like to take
- If you intend to visit campus, book a campus tour by emailing visit@stfx.ca or call the **Admissions Office, 902-867-2219**
- Join our Facebook groups: [stfxuniversity](https://www.facebook.com/stfxuniversity) and [Xonfacebook.ca](https://www.facebook.com/Xonfacebook.ca)
- Think about ways that you'll get involved in on-campus activities
- Request roommate information from the Residence Office by emailing Lindsay, lbowie@stfx.ca. Connecting with your roommate is a great way to ease the planning for your arrival on campus
- Make your travel arrangements
- Relax and enjoy your summer!

If you have any general inquiries, please contact StFX at **902-863-3300**

WELCOME AND ORIENTATION DAY

Sunday, September 6

New students are asked to arrive anytime after 8 a.m. When you arrive you can expect to be greeted by our infamous O-Crew, receive more detailed information, and take in the following:

MORNING

- Welcome at the Charles V. Keating Millennium Centre (KMC).
- Receive your official StFX student ID card. Please ensure you bring a photo ID (i.e. driver's license, passport) to have StFX ID issued.
- Pick up your Students' Union Orientation Frosh Kit
- Settle your student business account. The Business Office personnel will be on hand at the Keating Millennium Centre to assist you.
- Over 30 university services will be showcased including athletics, intramurals, recreational services, the Writing Centre, Health and Counseling, Residence Services, student societies and much more,
- Great food and refreshments will be served through the day.
- If you are living in residence, check directly into your assigned house or go to the Residence desk at the Keating Millennium Centre for assistance.

AFTERNOON

- 12:00 pm**
More great food for students and their families in the auxilliary arena, Keating Millennium Centre.
- 1:30 pm**
President's Welcome and Information Session for students and parents, family and friends, Keating Millennium Centre.
- 4:00 pm**
House meetings for residence students. Off campus students' meeting at Keating Millennium Centre.
- 5:30 pm**
Buddy BBQ for all new students.

EVENING

- 7:30 pm**
Students' Union theme presentation, Keating Millennium Centre.
- 8:30 pm**
Residence Floor Meetings
- 9:30 pm**
"Dancin' in the Streets" on University Avenue (in front of Morrison Hall)



ORIENTATION AND ACADEMIC ADVISING



Monday, September 7

To help you navigate through the early days at StFX and to assist you in your course selection a series of information sessions are scheduled throughout the day. We encourage all new students to attend these sessions to ensure you receive all the important information you need to get you started.

Students who were unable to process their photo ID card on Sunday are encouraged to do so at the Residence Office, Morrison Hall. Your ID is your 'passport' that allows you to travel an incredible journey at StFX.



MORNING

8:00 am

Pancake breakfast for all new students.

9:00 am to 4:30 pm

Late student arrivals process photo ID cards at the Residence Office, downstairs in Morrison Hall.

9 am - 11:30 am

Academic Deans' Information Sessions

11:15 am - 12:45 pm

Success @ X Luncheon for all new students, including introduction to Students' Union executive, Keating Millennium Centre.

AFTERNOON

1:00 pm - 3:00 pm

Academic Advising or Deans Information Sessions

3:00 pm - 4:00 pm

Community Code of Conduct

4:00 pm - 5:30 pm

Campus Scavenger Hunt

EVENING

5:00 pm - 6:30 pm

Meals at Morrison begin (if you are on a meal plan bring your ID card to supper).

7:30 pm - 8:30 pm

Individual Residence House meetings

9:00 pm

Playfair, Memorial Field.

For updated and enhanced information, please go to www.stfx.ca/fyi or www.theu.ca





ACADEMIC ADVISING AND REGISTRATION

INFORMATION FOR NEW STUDENTS

THE ACADEMIC CALENDAR

At StFX, we believe that all new first year students should receive academic advising prior to registering in their courses and should also have the benefit of expert assistance during the registration process. All new, first year students, including transfer students with fewer than 24 credits earned, will receive individual or group academic advising, related to their degree program, and will register for courses on campus.

If you have questions about transfer credits, contact the **Registrar's Office**

1-888-734-7839 (REG-STFX)

902-867-2160 (Local)

If you have questions about your program (course requirements, changing programs, etc), contact the

Admissions Office

902-867-2219

After Wednesday, July 1, 2009, transfer students with 24 or more credits awarded can check their start time for web registration in mesAMIS (refer to the instructions in the Web Registration Tutorial) and contact their department chair for academic advising prior to registering in courses. The chairs contact list, registration assistance phone numbers and Registrar's Office email address are all available from the mesAMIS login page.

Accompanying this booklet mailing all new students should have received their **StFX Student ID number** and **mesAMIS Person Identification Number** or **PIN**. As a new student you are asked to follow the instructions below to log into **mesAMIS**. When you arrive on Welcome Day we will need your student ID number to print your personalized First Week Academic Schedule for you.

HOW TO LOG ON AS A StFX STUDENT

1. Go to the **StFX home page** and click on **Current Students**. Then click on the **mesAMIS icon**.
2. Check out the information available from the links on the **mesAMIS login page**. You will not regret taking the time to do so. Next, select the **Web Registration Tutorial link** and complete the tutorial at least once. Follow the instructions in the tutorial and familiarize yourself with the services, forms and information available within the mesAMIS web environment.
3. When you arrive at the Keating Millennium Center on Sunday, September 6, 2009, you will be provided with your personalized **First Week Academic Schedule** which will contain academic advising and course registration times and locations for new first year students as well as information regarding residence and meal plans, if applicable. This schedule also contains your **WebFX account information**. You will use your WebFX account to access StFX network services and to use your personal StFX email account.

The **TSG (Technology Support Group) Contact Centre** is the single point of contact for support, inquiries and advice for students using WebFX services. The Contact Centre is located in Nicholson Hall 43 and is open Monday – Friday, 8:00 am – 5:00 pm for walk-in service or can be contacted by e-mail, phone or fax as below:

Email: tsg@stfx.ca

Free: 1-888-860-2356

Local: (902) 867-2356

Fax: (902) 867-3736



The image above shows the StFX home page with the mesAmis/Banner link circled.





eXcel: A FIRST-YEAR SUCCESS PROGRAM

The purpose of eXcel is to ease your transition from high school to university and lay the foundation for a quality learning experience.

The program is a combination of one class per week and one-to-one appointments designed to complement your university studies. In class you will discuss academic topics such as critical thinking, analytical writing, and documenting, time management, study skills, exam preparation, and grammar. The one-to-one appointments give you a chance to go over an assignment, discuss services available at StFX, or work on strategies to improve your academic results. We have classes for science students, and arts and business students.

"We go over a lot of things that seem to be common sense, but I never really gave them much thought until I came here. I'm glad this resource is available to us."
– Former eXcel student

"eXcel . . . is an opportunity. Each lesson provides a new opportunity to enable students to succeed."
– Former eXcel student

For more information or to register for eXcel contact:

The Writing Centre
902-867-5221
writing@stfx.ca





LIVING ON CAMPUS



RESIDENCE LIFE

Each residence at StFX has its own vibrant and unique living environment focused on a safe and caring community. The house spirit is infectious and reflects a common culture of respect and friendship. If you are living in residence please read below.

To help you settle into life in residence you'll receive a letter from your House President and House Director this summer telling you about all of the great things planned for your residence this year. They're already planning for orientation week, getting your house shirts ready and hoping you'll help your house win the big cheer off!

SUPPORT IN RESIDENCE

Every residence has a residence life team made up of Residence Life Coordinators (RLCs), House Directors, Residence Assistants (RAs), and peer mentors ready to help you succeed at StFX. There is an RA on duty in every building from 8:00 pm to 8:00 am to ensure you and your house mates have access to support whenever needed.

If you need help you can talk to the RA in their room or call them on the phone. Our residence life teams also provide many programs to help you through the year; everything from workshops on how to stay healthy to exam stress busters and fun floor dinners for everyone. They also know where you can access additional services and resources on campus.

One of our core values while living in residence at StFX is respect; for yourself, for others and for your residence community. Together with our students you will share the excitement of residence life, creating memories and building friendships; and we have learned that these come when all residents maintain the highest level of respect and conduct with one another.

To support daily living the students and the university have collaborated over time to develop a set of standards to guide all resident students. You can read more online at www.stfx.ca/services/residence.

TENANT AND HOUSEHOLD INSURANCE

Students are asked to ensure they have insurance coverage for personal belongings. While living in residence you are responsible for insuring the personal contents of your room. It is often inexpensive and parents or guardians may be able to extend their household insurance policy to cover your belongings while you are attending university, however, it is your responsibility to arrange for the coverage with an insurance company for tenant's insurance. Insurance is not a requirement for residence living, however, the university strongly recommends seeking coverage.

GET INVOLVED IN YOUR RESIDENCE COMMUNITY

Getting involved at StFX is a big part of your university experience, so jump in and sign up. At StFX we graduate student leaders who make special contributions to life at X and beyond, and you are encouraged to be one of those students who lead the way. You have numerous on-campus and local community opportunities to get involved in your house council, university sports, student societies and charity work. It doesn't stop there! Sign up and ensure your residence community is making a difference and you are making your mark.

FIND OUT MORE ABOUT STFX RESIDENCE LIFE

Visit the StFX residence services webpage about what to bring to campus and to answer any questions: www.stfx.ca/services/residence. If your question isn't answered there you can email us at residence@stfx.ca or call 902-867-5106.

WHAT IF I LIVE OFF CAMPUS?

Students living off campus, in Antigonish or the surrounding area are encouraged to connect early and often with their Off-Campus Students' Union representative. By staying connected to the Students' Union and your fellow Xaverians you will learn about social events, intramural programs, and much more. Students who have questions about living off-campus, call **Alexa Minichiello, VP Students' Union, 902-867-2440**.

WELCOMING MEALS FOR ALL FIRST YEAR STUDENTS

Buddy BBQ

Sunday Evening,
Mount St. Bernard Courtyard

Pancake Breakfast

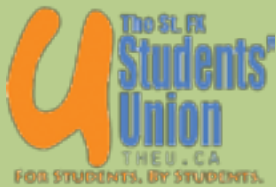
Monday morning

Success@X

Monday lunch, Millennium Centre.
See information sheet for your time.

Beginning with the evening meal on Monday, the regular meal plan will begin for students in residence and other students on a meal plan. **Be sure to bring your ID card.**





Student Health and Dental Plan

At the U we believe that all students should have the appropriate insurance coverage to protect them if ever the need. More information on your Union Health and Dental Insurance Plan will be provided in a separate mailing later this summer. Drop by the booth at the Student Services Showcase for more information.

The Student Health and Dental Insurance Plan is provided to benefit students who are not covered under another plan, while encouraging all others with alternative coverage to opt out of the student plan, thus avoiding the additional health and dental plan charges. The only persons eligible to opt out of the plan are those who demonstrate they have medical coverage available from another insurer.

To opt out, students are required to complete a waiver form and provide proof of alternative coverage before the opt-out deadline.

Insurance plan information and forms are available from **Linda MacDonald**, your Union Health and Dental Plan administrator. Linda can be reached by calling 902-867-2495, email lmamacdo@stfx.ca, or visiting the 4th Floor of the Student Union Building. (Bloomfield Centre).

Opt-out deadline is September 30, 2009

TUITION AND GENERAL FEES

2009/2010 TUITION AND GENERAL FEES – CANADIAN STUDENTS

Tuition.....	\$ 6,205.00*
Information and Technology Fee	\$ 300.00
Students' Union Fee	\$ 171.12
Health Plan	\$ 156.00
Dental Plan	\$ 125.00

TOTAL FOR CANADIAN STUDENTS.....\$ 6,957.12

*A Tuition Bursary in the amount of \$1,022 will be applied to students from Nova Scotia as per the Provincial Government Agreement. This will not impact the amount of the payment due on September 30th for the first term.

Payment due by September 30, 2009.....	\$ 4,000.00
Payment due by January 29, 2010	\$ 2,957.12

2009/2010 TUITION AND GENERAL FEES – INTERNATIONAL STUDENTS

Tuition.....	\$ 6,205.00
Information and Technology Fee	\$ 300.00
Students' Union Fee	\$ 171.12
Health Plan	\$ 701.97
Dental Plan	\$ 125.00
International Student Fee	\$ 6,205.00
TOTAL.....	\$13,708.09

Payment due by September 30, 2009.....	\$10,205.00
Payment due by January 29, 2010	\$ 3,503.09

RESIDENCE AND FOOD SERVICE – ALL ON-CAMPUS STUDENTS

Double Room* in Traditional Residence and Meal Plan	
10 meals per week + \$250 DCB.....	\$ 7,970.00
14 meals per week + \$300 DCB.....	\$ 8,175.00
17 meals per week + \$250 DCB.....	\$ 8,290.00
315 block plan + \$250 DCB.....	\$ 8,185.00
415 block plan + \$150 DCB.....	\$ 8,310.00
515 block plan + \$100 DCB.....	\$ 8,425.00

Payment due by September 30, 2009.....	\$ 4,400.00
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* There is an additional charge for a private room (\$910)

APARTMENT & SUITE STYLE RESIDENCE & \$700 FOOD SERVICE COMMITMENT

Somers & Powers Hall – Quads	\$ 6,810.00
West Street Apartments – Double.....	\$ 6,100.00
Governors Hall – Private.....	\$ 7,485.00
Governors Hall – Semi-Private.....	\$ 7,210.00
(the rate for apartments and Governors Hall includes \$700 DCB)	

Payment due by September 30, 2009.....	\$ 4,000.00
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LATE PAYMENT FEE:

First Term.....	\$ 25.00
<i>if payment delayed beyond September 30, 2009</i>	
Second Term.....	\$ 25.00
<i>if payment delayed beyond January 29, 2010</i>	

Interest charged at the rate of 1% per month (12% per annum) on overdue balances on the last banking day of each month.



NOTES ON FEES

PAYMENT

Tuition and residence fees can be paid in two installments. The first installment is due by September 30, 2009. The remainder is due by January 29, 2010. New students are required to pay first term fees prior to or at the orientation session at the Millennium Centre in September.

Make online payments using one of these options:

ONLINE at www.stfx.ca, Banner Self Service by Visa, MasterCard or American Express. For sign in, see page 6 of the 2008 First Year Information (FYI) booklet.

BY PHONE with Visa, MasterCard and American Express (902) 867-2123 or (902) 867-3738.

INTERNET BANKING: When setting up the account, use the student ID# as the account number.

TRADITIONAL MAIL: Student Accounts, Business Office StFX University, P.O. Box 5000, Antigonish, NS B2G 2W5. Please ensure the Student ID# is recorded on the cheque

DEBIT CARDS are also accepted on campus at the Business Office, 2nd floor, MacKinnon Hall.

RESIDENCE AND FOOD SERVICE

Students living on campus in traditional residence are required to have a meal plan. You were given an option to select a meal plan when assigned a room. If you did not select a plan at that time you are asked to finalize your application option through the Residence Office. If you neglect to select a meal plan before August 15, 2009 a 14-meal a week plan will be automatically assigned and charged to your account if you are living in traditional style residence.

There are three meals served daily Monday through Friday (breakfast, lunch and supper), and two meals (brunch and supper) served on Saturday and Sunday.

In addition to meal plans the purchasing of DCB provides all students with an easy budgeting and purchasing option. DCB or 'declining cash balance' is a debit system that

allows students to purchase items at Morrison Hall and the retail outlets located at the Bloomfield Centre, Keating Millennium Centre, Mount St. Bernard Café and the Coffee Shop. The credit works from your ID card and functions similar to a standard gift card by swiping the card at the point of purchase on campus. Additional DCB can be bought in blocks of \$50 and is taxable. www.stfx.ca/mealplans/plans/dcb.html

Please note that submission of Residence and Food Service fees does not constitute application for residence or food service. For more information on meal plans, check out www.stfx.ca/mealplans/ or call the **Residence Office**, at **902-867-3970**.

INTERNATIONAL STUDENTS

Citizenship and Immigration Canada requires that all students who are not Canadian citizens or permanent residents obtain a study permit. New international students may use their letter of acceptance; returning students may request a letter from the Registrar's Office to obtain a study permit. For additional information regarding immigration please visit the following site: www.cic.gc.ca All international students are required to purchase health insurance for the amount listed under 2009/2010 Tuition and General Fees – International Students.

OTHER COSTS

There are other costs to consider, and books would be the most important – and expensive – of these. Budget up to \$1,600 for textbooks for the first year.

QUESTIONS?

If you have questions about fees or payment methods contact the **Student Accounts Branch** of the **Business Office** by telephoning **902-867-2123** or **902-867-3738**. The Accounts Office is located in 2nd floor, MacKinnon Hall.



BRINGING YOUR COMPUTER?

EXPERIENCE WEBFX

StFX's Technology Support Group (www.stfx.ca/TSG) provides a premier computing environment, known as WebFX, to support all aspects of the student experience at StFX. Students are encouraged to bring their own laptop/desktop computers for academic and personal use. While TSG does not service/repair personal computers the Antigonish business community has several computer service shops that are within walking distance from campus including an authorized Apple service centre.

As part of the WebFX suite of services, all students receive a personal e-mail account along with personal network storage and web space to use for the duration of their studies.

The WebFX WirelessXone offers total WiFi coverage in all buildings on campus and supports all laptops and most handheld devices such as Windows Mobile, Blackberry and Apple iPod/iPhone devices. In addition, many

gaming consoles have been successfully configured to support the latest and greatest multi-player games.

The WebFX Computer Labs are equipped with Apple Intel iMac Desktops configured for Windows and Mac OSX/Unix with all of the necessary software applications installed for coursework/assignments.

The **TSG (Technology Support Group) Contact Centre** is the single point of contact for support, inquiries and advice for students using WebFX services. The Contact Centre is located in Nicholson Hall 43 and is open Monday – Friday, 8:00 am – 5:00 pm for walk-in service or can be contacted by e-mail, phone or fax as below:

Email: tsg@stfx.ca

Free: 1-888-860-2356

Local: (902) 867-2356

Fax: (902) 867-3736



TSG
TechnologySupportGroup
ExperienceWebFX

STUDENTS' UNION MESSAGE

Welcome to StFX, welcome to The U, and welcome to the best four years of your life! I am Sandy MacIntosh, your StFX Students' Union president.

The U is an organization for students, by students, which exists independent of the university. The U runs events like Frosh Week, Christmas Ball, X-Ring and Grad Party. The U employs house presidents and councilors who work together with the university's residence assistants and house directors to host the best residence life in the country! The U operates our campus police force, student advocates, DriveU (we bring you home when it's dark and to the grocery store on Tuesdays and Fridays) and services such as, tutoring, food bank, marketing, darkroom, helpline (867-HELP), off campus housing and environmental planning. The U is responsible for communicating openly with the university about what students want. When something's not right on campus, The U represents us, the students.

The U thrives on the dreams and wishes of students. Everything we do exists because initially a student, like you, wanted it. We represent everything from student health plans to X-Ring eligibility, awesome concerts to election debates, employment to volunteering, technical media to creative writing, drumming circles to student advocates. We have it all and your dream is our mandate.

This year, the Students' Union is encouraging every student to lead a healthy lifestyle, which is fundamental to academic and social success. We are committed to providing you with everything you need to excel and we are dedicated to involving you in what you love. I want you to have the opportunities you deserve and I am committed to making that happen.

Your time at StFX will fly by, trust me. Take every opportunity to explore and challenge yourself. Your potential is limitless and StFX is your place to shine.



Class of 2013, welcome to the most exciting, dynamic four years of your life!

See you in September,

A handwritten signature in blue ink, appearing to read 'Sandy MacIntosh'.

Sandy MacIntosh
su_pres@stfx.ca
902-867-2435





ATHLETICS AND RECREATIONAL SERVICES

FITNESS & RECREATIONAL SERVICES

StFX Recreational Services offers students a wide variety of recreational and educational opportunities. StFX's recreation facilities are incorporated into three buildings: Charles V. Keating Millennium Centre, Oland Centre and Alumni Aquatic Centre along with several outdoor fields including our new artificial turf field and 8-lane track. In addition to the on-campus facilities students can take advantage of local facilities, trails and waterways. It is simple, endless opportunity to get out and get involved.

Your student ID card is your Recreational Services membership card. We offer many different programs and services for you and support many student-led society and club activity initiatives. Pilates Fusion, Yoga, Group Fitness, Women on Weights, Adult Learn to Skate, Tropical Dance, Life Guard Training, Pick-up Hockey, First Aid and Personal Training, just to name a few. Check out www.goxgo.ca/fnr.php for all the information or sign in at the Welcome Desk in the Alumni Aquatic Centre. Additional fees may apply.

StFX INTRAMURALS

StFX Intramurals provides the opportunity for students and faculty to participate in team and individual sports through a variety of leagues and tournaments, in addition to a variety of 'free-play' and instructional opportunities. You are strongly encouraged to participate in Intramural activities and to make daily physical activity a part of your everyday routine. Intramural sports at StFX begin early in the semester (September) and continue throughout the entire academic year (April). These are events that give you a chance to get active and have fun with friends.



IMPORTANT CONTACTS

Fitness & Recreation Welcome Desk: 867-2181
Intramural Office: 867-2111 or intramurals@stfx.ca
Athletics Office: 867-2152 or info@goxgo.ca
Sports Scoreline: 867-3863 or toll free 1-866-867-5452
Box Office: 867-3304 or toll free 1-866-259-8169



Visit the Intramural website at www.goxgo.ca/isc.php for all the registration deadlines for all of your intramural activities or visit us in the StFX Oland Centre, enter the Loney Lounge at the end of the hallway and follow the signs to the Intramural office.

VARSITY ATHLETICS

The StFX Department of Athletics comprises 275 student-athletes on 13 teams competing in seven different varsity sports in Atlantic University Sport (AUS) competition. It is the vision of StFX Athletics to provide the premier student-athlete experience in the country and contribute positively to StFX, our alumni, and the community. For all the latest StFX varsity schedules, scores and up to date sporting news, visit www.goxgo.ca, the official website

of StFX Athletics. Or check us out on Facebook and join our fan page! You can also receive X Athletics updates on Twitter, just look for @stfxathletics.

GoXGo! Show your student ID card to receive free admission into StFX varsity games! (applies to regular season games, special conditions apply for X-Men hockey games).

Join the StFX Blue Crew, a student-led society aimed at creating spirit and X-citement at StFX varsity events. All students are invited to come out for the grand opening of the new StFX artificial turf field at the X-Men football home opener on Sept. 12th.

CLUB SPORTS

The StFX Department of Athletics & Recreational Services is happy to offer the following competitive sports clubs: men's baseball, men's rugby, men's lacrosse, curling, women's cheerleading and women's field hockey. For information on all sports clubs and how you might participate, visit www.goxgo.ca.



STUDENT HEALTH & WELLNESS

STUDENT HEALTH & WELLNESS

The StFX Health Centre is an on-campus student medical clinic that supports your health care needs. What makes the StFX Health Centre unique is our holistic approach to student centered health and wellbeing. A team of integrated health professionals work collaboratively with you to provide a host of health services that meets your individual needs.

StFX health service extends to your campus life promoting healthy lifestyles and overall student wellness. Our nurses and counselors meet with groups of students on or off campus to offer professional support and education to engage you in a well balanced university experience.

STUDENT COUNSELING

The StFX Counseling Centre understands that the transition to student life can be challenging. You can seek the confidential support of a professional counselor at any time during the year. Counseling at StFX is a popular student resource; many students take advantage of the support and guidance that our counselors offer. Our approach to helping is simple, we work with students to overcome their challenges in order to achieve their goals. Whether a problem is big or small, a personal challenge or a career decision, if you need someone to talk to our counselors are available to help.

The Counseling Centre also offers many services and groups designed to enhance student life balance.

- Music Relaxation
- Art Expression
- Eating Issues Group
- Student Life Workshops (study skills, time management, stress reduction, budgeting, etc)

ACCESSIBLE LEARNING

The **Program for Students with Disabilities** embraces the philosophy that students with disabilities are, in fact, students with abilities who encounter learning and facilities barriers. For a person who has been diagnosed with a disability, university can seem like an overwhelming environment, however, with the right attitude, prior preparation and serious commitment, students with disabilities succeed at StFX.

Services are designed on the basis of individual need to complement the academic program of the student. Some of the services most used by our students are:

- individual academic support and advising
- adaptive learning technology
- proctor reader services
- transcribers /note takers
- tutorial services
- classroom relocation due to inaccessibility
- exam/midterm accommodations
- screening and referral for learning disability assessment
- drop in centre for peer/professional support

What We Do

- Provide disability related information and support to the StFX community.
- Review eligible students' disability documentation and recommend reasonable academic accommodations to offset the affects of their disability on academic life
- Act as liaisons between students and faculty in the implementation of disability related services and accommodations
- Facilitate student growth, independence and leadership skills



PEER MENTORING

As part of the supportive StFX environment every first year student is paired with a Peer Mentor to ease the transition to university life. A Peer Mentor is a trained student volunteer who is committed to helping you navigate your way through your first year. You will be a member of a group of first year students who meet once a week, under the direction of your Peer Mentor. Your Peer Mentor group is designed for you to meet other first year students, ask questions, talk about what's on your mind, and have fun. You can look forward to an email from your Peer Mentor in August and you will have your first group meeting during Orientation Week.



CULTURE ON CAMPUS

THEATRE, ART AND MUSIC

StFX is a beacon for the arts. Catch a live show with the latest indie bands or the best in jazz and classical music. The campus art gallery features regular exhibits and special events running the gamut from faculty book launches to provocative photography shows. Renowned authors, thought-provoking guest speakers and visiting professors enrich the range of opportunities. Theatre flourishes on campus in the historic, ivy-covered Bauer Theatre, home to both Theatre Antigonish, the amateur

theatre company delighting audiences since 1974, and Festival Antigonish, Nova Scotia's first and longest-running professional repertory company.

Bauer Theatre
902-867-3333

StFX Art Gallery
902-867-2303



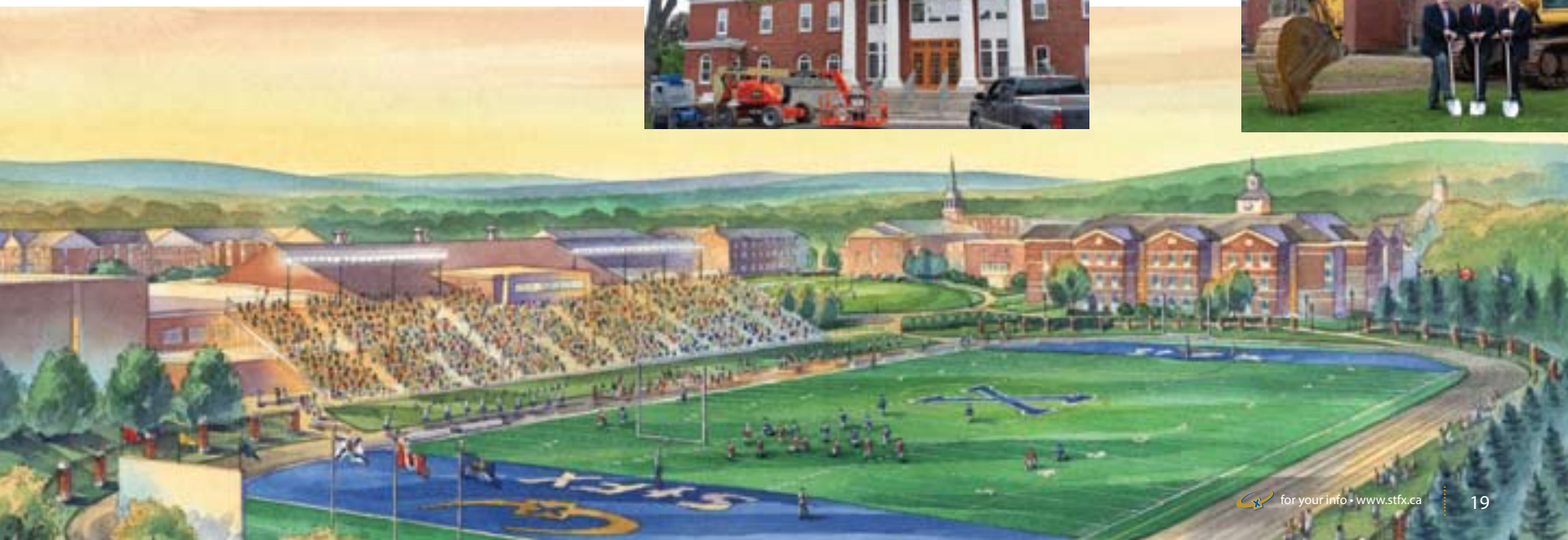
WHAT'S NEW AT X

THE COADY INTERNATIONAL INSTITUTE AND THE GERALD SCHWARTZ SCHOOL OF BUSINESS AND INFORMATION SYSTEMS

In recent years, the StFX campus has welcomed a new Sciences Centre, the Charles V. Keating Millennium Centre and several new residences. And the building boom is not stopping there. Construction has just been completed on the new multi-million home for the Coady International Institute in the heart of lower campus, while another construction project is kicking into high gear, the \$22.7 million federal/provincial investment toward completion of StFX's Gerald Schwartz School of Business and Information Systems.

OLAND FIELD

On the other side of campus, a major facelift is underway for StFX's track and field which will open in early August just before your arrival. The project includes the installation of a Canadian-made, artificial ecological-friendly turf field, stadium lighting, perimeter fencing, grand stand seating and an eight-lane, 400 metre track.



THE STUDENT EXPERIENCE TEAM

The team is led by a dynamic group of student service personnel who assist with your academic growth and development. They offer many services and support programs designed to engage students in holistic experiential learning. From residence living to health and counseling, and athletics and recreational services students engage in a variety of programs that support an active healthy lifestyle that enhances the student academic experience. This engagement also allows for many opportunities for student leadership and volunteerism during your time at StFX. Please contact any one of the team at any time. For more information about the various services available to you, go to www.stfx.ca



Keith Publicover
Vice-President, Recruitment
and Student Experience

Bloomfield Centre,
Room 306C
Telephone: 902-867-3942
Email: kpublico@stfx.ca



Joe MacDonald
Dean of Students

Bloomfield Centre,
Room 306B
Telephone: 902-867-2276
Email: jmacdona@stfx.ca



Leo MacPherson
Director, Athletic Department

Oland Centre,
Room 141
Telephone: 902-867-2280
Email: lmacpher@stfx.ca



Fr. Danny MacLennan
University Chaplain

Bloomfield Centre,
Room 402
Telephone: 902-867-2279
Email: dmacleln@stfx.ca



Justin Fox
Director,
Recruitment and Admissions

Nicholson Hall,
Room 108
Telephone: 902-867-5386
Email: jfox@stfx.ca



Noreen Nunn
Director, Residence Services

Morrison Hall,
Room 2C
Telephone: 902-867-5030
Email: nnunn@stfx.ca



Angela Marshall
Director, Health Centre and
Counselling Centre

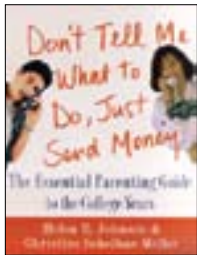
Bloomfield Centre,
Room 304
Telephone: 902-867-2456
Email: amarshal@stfx.ca

PARENT PAGE – RESOURCES

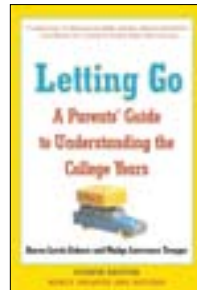
We highly recommend the following titles to assist in making a successful transition to university:



◀ *University Matters* is a guide that helps students make a successful transition to first year university. It is filled with tips about how life works at university that will help students with everything from academics to social life. It is essential reading for any student who is serious about getting the most out of university. To find out more check out www.universitymatters.ca



◀ *Don't Tell Me What to Do, Just Send Money: the essential parenting guide to the college years*, by Helen E. Johnston & Christine Schelhas-Miller. St. Martin's Press, NY, 2000.



◀ *Letting Go: a parent's guide to understanding the college years*, by K.L.Coburn & M.L. Treeger. Harper Perennial, NY, 1997.



◀ *The Ultimate College Survival Guide*, by Janet Farrar-Worthington & Ronald Farrar. Peterson's Press, Princeton NJ, 1998.

WHO TO CALL IF

...you have questions about Admissions
Admissions Office
 902-867-2219

...you have questions about your program
 (course requirements, changing programs, etc)
Admissions Office
 902-867-2219

...you have questions about transfer credits
Registrar's Office,
 902-867-5118

...you have questions about Residence and Food Service
Wendy Hayne, Residence Office
 902-867-5106

...you have questions about living off-campus,
Alexa Minichiello, VP Students' Union
 902-867-2440

...you have questions about paying your fees
Student Accounts, Business Office
 902-867-2123 or 902-867-3738

...you have questions about Financial Aid
Lynn O'Donnell, Financial Aid Officer
 902-867-2374

...you have questions about the Health Plan
Linda MacDonald, Students' Union
 902-867-2495

...you have general inquiries or would like to visit the campus
Admissions Office
 902-867-2219

...you have questions about this booklet and the schedule of events
Joe MacDonald, Dean of Students
 902-867-2276





FREQUENTLY ASKED QUESTIONS

I have questions about admission, waiting list, or program change prior to registration. Whom do I contact?

Contact the **Admissions Office** at 902-867-2219 or email admit@stfx.ca.

Whom do I contact for general inquiries?

The switchboard operator will help you with general inquiries. Telephone 902-863-3300.

How do I pay my account?

There are several different ways for you to settle your account. Refer to the "Fees" section on pages 8 and 9 for more information.

I haven't applied for residence yet, what do I do?

If you have not yet applied for residence, send in the application you received with your letter of acceptance or apply online at www.stfx.ca/prospective/experience/choosing-a-residence.htm

What about my meal plan?

You received an opportunity to select your meal plan online when you received your room assignment. If you did not select a meal plan, you may contact **Kim Burns** in the residence office at 902-867-3970 or email her at kburns@stfx.ca. For more information on the meal plans available to you check out our website www.stfx.ca/services/residence/foodservice.htm If you do not select a meal plan you will be assigned a 14 meal a week plan automatically.

What about telephone service in my residence room?

StFX, in partnership with Bell/Aliant, offers on-campus students the CONNEXIONS calling plan. As part of this program you receive free local calling, a telephone set (which must be left in your room at the end of the school year), voice mail and a CONNEXIONS calling card. There are no surcharges for calls placed on your calling card. You pay only for the long distance that you

use! You will be receiving more information from the Telecommunications Office in a separate mailing.

I have questions about living off-campus. Whom do I talk to?

A list of available off-campus housing can be found at www.theu.ca under "Off Campus." For general off-campus questions and off-campus housing lists, please check with Vice- President Union Services, **Alexa Minichiello**, at 902-867-2440, or su_userv@stfx.ca. Alternatively, call your Union secretary and health administrator, **Linda MacDonald**, at 902-867-2495 or email su_stfx@stfx.ca

What's it like on campus?

As you may know, StFX is well known for its friendly, family-like atmosphere. The StFX community is committed to ensuring a welcoming and inclusive campus for all students. StFX endorses equitable treatment and respect for diversity based on race,

religion, Aboriginal origin, ethnic background, gender, sexual orientation, physical ability, and other differences. StFX actively promotes an environment which, in its diversity, will be complementary to the academic and social purposes of the university. Additionally, students living in residence or visiting need to follow the rules outlined in the Residence Life Community Standards. These rules can be reviewed on our website www.stfx.ca/services/residence

Are there rules of which students must be aware?

StFX expects that the laws of the nation, province and municipality as well as the rules and policies of the university will be upheld by all students. This includes the Community Code of Conduct, the Criminal Code of Canada and the Nova Scotia Human Rights Act.

What about academic integrity?

Students attending St. Francis Xavier University are expected to conduct themselves in an ethical manner and to help ensure that no one gains unearned academic advantage over another. To create an environment in which all may flourish, members of the StFX community share five fundamental values in their pursuit of truth and knowledge:

- 1) intellectual and personal honesty;
- 2) mutual trust and the free exchange of ideas;
- 3) clarity and fairness in interactions with each other;
- 4) respect for others' ideas and opinions;
- 5) personal responsibility and accountability.

For more information and guidance on academic integrity, refer to the summary at www.stfx.ca/services/registrar/academicintegritysummary.htm.

What is the role of the Equity and Sexual Harassment Advisor (Equity Advisor)?

The Equity Advisor provides information and assistance to students and staff with regard to discrimination and harassment, including sexual harassment. If you feel you are not receiving equitable treatment, or are being discriminated against or harassed by another member of

the campus community on a human rights ground, you are encouraged to discuss your concerns and options with the Equity Advisor.

Does StFX have advisors available for students with specific questions or needs?

We have a variety of advisors, each of whom organizes programs to assist students with transition to and success in university. If you would like to identify yourself to one of these advisors, please contact:

- Linda Penner, Students with Disabilities, lpenner@stfx.ca
- Agnes Calliste, Black Student Advisor, acallist@stfx.ca
- Krista Hanscomb, Aboriginal Student Advisor, khanscom@stfx.ca
- Christopher Frazer, Lesbian Gay Bisexual Transgender (LGBT) Student Advisor, cfrazer@stfx.ca
- Brenda Berthiaume, International Student Advisor, bberth@stfx.ca
- Joe MacDonald, Mature Student Advisor, jmacdona@stfx.ca

University life can be exciting but hectic. Is there a place where I can go for quiet reflection and friendship?

Yes, it's called Wellspring, a place of caring and sharing sponsored by the Sisters of St. Martha. Wellspring is StFX's best kept secret and can be found on the second floor of Morrison Hall, through the south entrance next to the coffee shop.

Where should I park when I arrive on campus?

If you are living in residence you will be able to unload in the vicinity. Most general parking, however, is near Bloomfield Centre and Nicholson Tower. Refer to the campus map on the back of this information booklet for parking lot location and access.

Does StFX offer Day Care service?

Day Care services are available on campus for infants, toddlers and pre-schoolers. In the near future we anticipate adding an after-school program. Students enrolled at the university will have first priority. For more information, please contact Miriam Cormier, Director, StFX Daycare, at 902-867- 3872.

Do I have to read the entire StFX Academic Calendar?

The calendar contains the information that you need to plan your course of studies, for first year and beyond. You should familiarize yourself with the regulations and course requirements for your faculty and program in preparation for course registration. You will find your academic calendar enclosed with this mailing. You can also see the calendar online at www.stfx.ca/calendar.





OFF CAMPUS INFORMATION

THE 'NISH-SERVICES

HIGHLAND HEART OF THE MARITIMES – ANTIGONISH, NOVA SCOTIA

Antigonish, an area of nearly 20,000 people is a warm and welcoming university town with many big city amenities. It is home to a vibrant downtown with funky stores and coffee shops, quick comfort food and fine dining. Antigonish features a thriving arts community with live theatre, music and galleries. Minutes away are warm sandy beaches and the rugged Highland hills of

Nova Scotia. Antigonish is easily accessible from the Trans Canada Highway and is a two hour drive from Halifax. The area is defined by the presence of St. Francis Xavier University, Canada's premier undergraduate university. The 4,000-plus StFX students give the town a sense of youthful energy and potential.





WELCOME TO StFX

ST. FRANCIS XAVIER UNIVERSITY



ST. FRANCIS XAVIER UNIVERSITY
 PO BOX 5000
 ANTIGONISH, NS B2G 2W5

1-877-STAY-AT-X (BOOKINGS) | 902-867-2855 (PH) | 902-867-3984 (FAX) | STAY@STFX.CA | WWW.STFX.CA

- 1. Xavier Hall
- 2. Schwartz School (north ent.)
- 3. Schwartz School
- 4. St. Ninian's Cathedral
- 5. St. Ninian Place
- 6. Angus L. Macdonald Library
- 7. Mount Saint Bernard
 - a) Immaculata Hall
 - b) Camden Hall
 - c) Marguerite Hall
 - d) Gilmora Hall
- 8. Nicholson Hall (classroom section)
- 9. Nicholson Tower
- 10. Annex
- 11. Lane Hall
- 12. J. Bruce Brown Hall
- 13. Bloomfield Centre
- 14. MacIsaac Hall
- 15. MacDonald Hall
- 16. MacNeil Hall
- 17. Alumni Aquatic Centre

- 18. Oland Centre
- 19. Charles V. Keating Millennium Centre
- 20. Governors Hall
- 21. Coady International House
- 22. Somers Hall
- 23. Power Hall
- 24. Municipal Building
- 25. West Street Apartments
- 26. Bishops Hall
 - a) Plessis House
 - b) Fraser House
 - c) Burke House

- 27. University Chapel
- 28. MacKinnon Hall
 - a) Chisholm House
 - b) Gillis House
 - c) MacNeil House
- 29. Bauer Theatre
- 30. Physical Sciences Centre
- 31. Physical Plant
- 32. Morrison Hall

- 33. Cameron Hall
 - a) MacPherson House
 - b) Thompson House
 - c) Tompkins House
 - d) MacDonald House
- 34. Mockler Hall
- 35. Aberlard House
- 36. Coady International Institute

The tour
 To arrange a tour,
 call 1-877-867-StFX(7839)
 or email visit@stfx.ca