

Essential Parent Information

Student Employment @ StFX

Helping students GET NOTICED... MAKE CONNECTIONS!

Student Career Centre (SCC)

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Student Career Centre (SCC)

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Welcome to the Student Career Centre (SCC)

Each year students and graduates look to us for assistance in their search for full-time, part-time, summer, on-campus or international jobs. Specifically, we help students **GET NOTICED and GET HIRED!**

We assist students by helping them develop a professional résumé & cover letter, polishing their interview skills, and providing labour market information.

Local and national employers approach the SCC to look for talented students and graduates with skills and ambition that they need for their organization.

We encourage students to drop by our centre **early** in the school term and take advantage of our services. Remember: Success starts early!

Privacy and Confidentiality

The StFX Student Career Centre protects the privacy of client information. No information regarding student use of services will be released to third parties without written authorization from the student. This is required to remain compliant with current government legislation regarding freedom of information and protection of privacy.

SCC Team & Location

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SCC Services at a Glance

Employment Services

- Advertise jobs
 - SCC website
 - Jobs listserv
- Organize Company Information Sessions
- Organize Job/Career Fairs
 - Health Occupational Career Fair
 - On-Campus Job Fair
 - Making the Connection Dinner
- Review Résumés & Cover Letters
- Interview Help

Career Education Services

- Conduct Workshops (just to name a few)
 - Job Search Strategies
 - Preparing Your Tool Kit
 - Networking & Interviewing
 - Conflict Analysis
 - Portfolios
- Career Resource Library
 - Books, Serials, Handouts
- Subscribe to Careercruising.com
- Assist with Portfolio Development

University Student Career Planning 101

Career Planning is an on-going process that requires research, flexibility, and an open mind. It is one of the most important activities in an individual's life. Because of its importance, career planning can be stressful and frustrating—for both the parent and student.

Most individuals have limited knowledge as to what types of careers exist in Canada; and this statement holds true for university students. Particular questions that a student may be trying to answer, “What do I want to do?”; “Will I be able to find work once I finish my degree?”; “Do I need to get more education or specialized training?”, and “How do I know this is the right decision for me?”

When researching careers, the best advice the SCC can provide parents and students is to start early. Waiting until the final semester of the final year is too late. Starting early will allow the student to review courses and determine if they need to have specific courses, experiential learning or other relevant work or volunteer experience in order to be successful in their chosen career.

Career Decision Process & Employability



Parents can influence their student's career development. Once enrolled at StFX, the SCC hopes that you will encourage your daughter or son to visit the SCC or the StFX Counselling Centre in their first year in order to learn what career services are available at StFX.

The Student Career Centre can help with all of these steps and/or point your son or daughter in the right direction.

What Your Student needs to do to be Successful

- PARTICIPATE** in student organizations, part-time or summer employment, leadership, and/or volunteer experiences. This is a great way to learn and develop skills.
- DISCOVER** his/her skills, interests, personality and values. Knowing yourself will take some of the frustration out of finding a job and choosing a career.
- EXPLORE** what the SCC and the StFX Counselling Centre has to offer regarding career planning and development.
- SEEK** various types of experiential learning experiences to learn more about their chosen fields and determine suitability. These experiences can include co-op, job shadowing, informational interviews, service learning, and volunteer experiences.

Selected Career Planning Resources

Books

- Asher, D. (2004). *How to get any job with any major*. Berkeley, CA: Ten Speed Press.
- Barker, J., & Kellen, J. (1998). *Career planning: A developmental approach*. Upper Saddle River, NJ: Merrill.
- Bolles, R. (2007). *What color is your parachute: A practical manual for job hunters*. Berkeley, CA: Ten Speed Press.
- Coplin, B. (2003). *10 things employers want you to learn in college. The know-how you need to succeed*. Berkeley, CA: Ten Speed Press.
- Johnston, S. M., & Moniz-Lecce, S. (2006). *The career adventure: Your guide to personal assessment, career exploration, and decision making*. Toronto: Pearson.
- Robbins, C. R. (2006). *The job searcher's handbook*. Upper Saddle River, NJ: Pearson.

Web sites

Career Development e-Manual

<http://www.cdm.uwaterloo.ca/index2.asp>

A Career Development Resource for Parents

http://www.ccip-picc.org/ccip/documents/public/a_career_development_resource_for_parents_e.pdf

Government of Alberta. Employment, Immigration, and Industry (2007). *Career planner: choosing an occupation*. <http://www.alis.gov.ab.ca/pdf/cshop/CareerPlanner.pdf>

Interested in other career planning resources?
Contact the Student Career Centre.