



# HUMAN NUTRITION CO-OP STUDENTS

ADAPTABLE | ORGANIZED | VERSATILE

## ACADEMICS

Our professional program integrates core requirements in foods, nutrition, and related areas with studies in biology, chemistry, statistics, business, humanities, and social sciences. The study of nutrition and related subjects provides students with current knowledge, strategies for lifelong learning, and practical skills required to address food and nutrition-related issues relevant to diverse population groups in a range of settings. Depending upon the choice of emphasis, the Human Nutrition program prepares graduates for careers in areas such as dietetics, education, health promotion, industry, food service management, and research and development in food and nutrition. Graduates may qualify for entrance to a Dietitians of Canada-approved dietetic internship program that includes a comprehensive practicum. Students have also pursued graduate studies in human nutrition, food science, and other professional programs.

## HUMAN NUTRITION CO-OP JOB EXAMPLES

Quality Control	Product Development	Food Microbiologist	Community Health Education
Healthy Prog. Assistant	Wellness Coordinator	Food Science Tech	Nutrition Researcher Intern
Marketing Specialist	Food Management	Health Promotion	Program Coordinator
Food Production Intern	Food & Pharmaceutical	Product Development	Dietitian Assistant
Research Development	Quality Assurance Lab Tech	Consumer Product	Food Science Researcher

## HUMAN NUTRITION CO-OP STUDENTS HAVE...

1. **Team Skills:** Capable of working collaboratively within a team to achieve organization's goals;
2. **Problem Solving Ability:** Uses technical and scientific data to creatively solve problems using current technologies;
3. **Investigative and Research Skills:** Collect, analyze, and interpret data using the appropriate laboratory and/or field techniques, organize vast amounts of data, and accurately record results;
4. **Leadership Skills:** Ability to oversee, supervise, and/or contribute to a project; and
5. **Interpersonal Skills:** Listens and expresses oneself clearly in conversations and interactions with others.



STFX  
UNIVERSITY

Co-operative Education