

## WHAT CAN I DO WITH A MAJOR IN PSYCHOLOGY

### CAREER INFORMATION FOR MAJOR IN PSYCHOLOGY

This handout provides sources of career information for **Psychology Majors**. There are different career options available in the field of for **Psychology**. Below is a sample of some of the types of positions for graduates with major in for **Psychology**. Please note that you might require further education and experience for some positions.

### SKILLS DEVELOPED BY PSYCHOLOGY STUDENTS

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| <ul style="list-style-type: none"> <li>• Read materials accurately and analytically</li> <li>• Skills in formulating criteria, evaluations and making decisions</li> <li>• Strong data assessment and analytical skills</li> <li>• Critical thinking and abstract reasoning skills</li> <li>• Creativity and flexibility in thinking</li> <li>• Skill in formulating and defending positions</li> <li>• Conceptual and interpretive skills</li> <li>• Information-gathering skills</li> <li>• Ability to understand complex problems and identify potential solutions</li> <li>• Ability to understand the physiological, emotional, cognitive and social determinants of human behavior</li> </ul> | <ul style="list-style-type: none"> <li>• Skill in approaching problems from a variety of perspectives</li> <li>• Ability to understand, explain and conduct research in psychology</li> <li>• Socio-emotional skills, e.g. perspective-taking, clear communications, interpersonal problem-solving</li> <li>• Good listening, clarifying, questioning, and responding skills</li> <li>• Sensitivity to cultural and ethnic diversity</li> <li>• Mathematical and logical reasoning skills</li> <li>• Effective writing and speaking skills</li> <li>• Skill in summarizing complicated materials</li> <li>• Skill in writing carefully reasoned reports and essays</li> </ul> |
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### CAREERS IN PSYCHOLOGY

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| <p><b>Counsellor/Therapist/Psychologist:</b></p> <ul style="list-style-type: none"> <li>• Addictions Counsellor</li> <li>• Art/ Music Therapist</li> <li>• Athletic Therapist</li> <li>• Career Counsellor</li> <li>• Exercise / Massage Therapist</li> <li>• Family/ Marriage Therapist</li> <li>• Industrial Psychologist</li> <li>• Immigration Officer</li> <li>• Media Psychologist</li> <li>• Mental Health Counsellor</li> <li>• Military Psychologist</li> <li>• Music Therapist</li> <li>• Occupational Therapist</li> <li>• Psychologist</li> <li>• Rehabilitation Counsellor</li> <li>• Residential Counsellor</li> <li>• School Counsellor</li> <li>• School Psychologist</li> <li>• Speech-Language Pathologist</li> <li>• Audiologist</li> </ul> | <p><b>Social and Human Services:</b></p> <ul style="list-style-type: none"> <li>• Child And Youth Worker</li> <li>• Community Worker</li> <li>• Social / Crisis Worker</li> <li>• Gerontologist</li> <li>• Health Care Administrator</li> <li>• Communications Specialist</li> <li>• Correctional Officer</li> <li>• Hospital Service Worker</li> <li>• Probation Or Parole Officer</li> <li>• Program Coordinator</li> <li>• Sociologist</li> <li>• Volunteer Coordinator</li> <li>• Compensation Manager</li> <li>• Human Resources Specialist</li> <li>• Labour Relations Specialist</li> <li>• Organizational Psychologist</li> <li>• Trainer/Training Specialist</li> <li>• Behavioral Interventionist</li> </ul> | <p><b>Academic and Teaching-Related:</b></p> <ul style="list-style-type: none"> <li>• Educational Administrator</li> <li>• Elementary/High School Teacher</li> <li>• ESL Teacher</li> <li>• Professor</li> <li>• Librarian</li> <li>• Researcher</li> </ul> <p><b>Business-Related and Other:</b></p> <ul style="list-style-type: none"> <li>• Advertising Copywriter</li> <li>• Credit Counsellor</li> <li>• Entrepreneur</li> <li>• Event Planner/ Fundraiser</li> <li>• Foreign Services Officer</li> <li>• Human Resources</li> <li>• Organizational Behavior</li> <li>• Management Trainee</li> <li>• Market Research Analyst</li> <li>• Public Policy Analyst</li> <li>• Public Relations Specialist</li> </ul> |
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## AREAS OF EMPLOYMENT FOR PSYCHOLOGY GRADUATES

<ul style="list-style-type: none"> <li>• Universities and Schools</li> <li>• Hospitals</li> <li>• Not-for-Profit Agencies</li> <li>• Federal/Provincial/Local Government Agencies</li> <li>• Community Mental Health Providers</li> </ul>	<ul style="list-style-type: none"> <li>• Correction and Rehabilitation Facilities</li> <li>• Insurance Companies</li> <li>• Market Research Firms</li> <li>• Medical/Health Organizations</li> <li>• Behavioural Health Clinics</li> </ul>	<ul style="list-style-type: none"> <li>• Community Services</li> <li>• Religious Organizations</li> <li>• Residential Care Facilities</li> <li>• Public Relations and Communications Firms</li> <li>• Employee Assistance Plans (among others)</li> </ul>
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## EMPLOYERS WHO HIRE PSYCHOLOGY GRADUATES

<ul style="list-style-type: none"> <li>• Federal Government</li> <li>• Federal Agencies</li> <li>• Provincial Government</li> <li>• Schools and Universities</li> <li>• Centre for Addiction and Mental Health</li> <li>• Accenture</li> <li>• Canadian Psychiatric Research Foundation</li> <li>• Enterprise Rent-A-Car</li> <li>• LLS Market Research Inc.</li> </ul>	<ul style="list-style-type: none"> <li>• ATB Financial</li> <li>• Sun Microsystems Inc.</li> <li>• Johnson &amp; Johnson</li> <li>• General Mills</li> <li>• Immigration Canada</li> <li>• CSIS</li> <li>• Microsoft Corporation</li> <li>• Hewlett-Packard</li> <li>• BMO Financial Group</li> <li>• Loblaw Companies</li> </ul>	<ul style="list-style-type: none"> <li>• Gateway Inc.</li> <li>• Cisco systems</li> <li>• Toronto Hydro Corporation</li> <li>• BC Public Service</li> <li>• Assumption Mutual Life</li> <li>• Insurance</li> <li>• Barnes &amp; Noble</li> <li>• Non- Government Organizations</li> <li>• Shepell FGI</li> <li>• Proctor and Gamble</li> </ul>
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## PSYCHOLOGY ASSOCIATIONS

Canadian Psychological Association  
<http://www.cpa.ca/>

American Psychological Association (APA)  
<http://www.apa.org/>

Ontario Psychological Association  
<http://www.psych.on.ca/>

Associations in Psychology  
<http://www.psychology.org/links/Organizations/Associations/>

## OTHER RESOURCES

University Study <http://universitystudy.ca>

Canada's Top 100 Employers  
<http://www.canadastop100.com/national/>

CareerBeacon.com  
<http://www.careerbeacon.com/>

Psychology Careers  
<http://www.psychwww.com/careers/entry.htm>

Cultural Human Resources Council  
<http://www.culturalhrc.ca/>

Federal Government of Canada  
<http://jobs.gc.ca>

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