

## Human Nutrition Co-op

ST. FRANCIS XAVIER UNIVERSITY

**Welcome to Human Nutrition at StFX.** Our professional program integrates core requirements in foods, nutrition and related areas with studies in biology, chemistry, statistics, business, humanities and social sciences. The study of nutrition and related subjects provides students with current knowledge, strategies for lifelong learning and practical skills required to address food and nutrition-related issues relevant to diverse population groups in a range of settings.

Depending upon the choice of courses, the Human Nutrition program prepares students for careers in areas such as food service management, research and development in food and nutrition, health, education, and dietetics.

# Why you should hire a StFX nutrition co-op student?

#### Hire a nutrition co-op student who has...

- 1. The ability to think critically about the work assigned and can ask the right questions at the right time.
- 2. The capability to work collaboratively within a team to achieve organization's goals.
- 3. Effective problem solving and decision-making skills, good insight, and judgment, as well as innovative and creative thinking.
- 4. Professionalism. Demonstrates a 'can-do' attitude who can take initiative.
- Investigative and research skills. Can collect, analyze and interpret data using the appropriate laboratory and/or field techniques; organize vast amounts of data; and accurately record results.
- 6. People skills. Can listen; express oneself clearly in conversations and interactions with others.

Nutrition co-op students are LOGICAL, ORGANIZED, VERSATILE.













### RECRUIT. HIRE. RETAIN. StFX Co-op Students

Current and past employers have enjoyed the flexible and accommodating co-op model unique to StFX that helps infuse fresh talent and a bright innovative perspective into organizations profits without recruitment deadlines or rankings.

#### THE CO-OP PROCESS IN 5 STEPS

- 1. Submit job description for approval and/or posting to co-op@stfx.ca. (Include: job duties, start and end dates of position, work location, reporting supervisor, hours and rate of pay, closing date of position and method to apply).
- 2. Receive and review applications and select successful candidates to interview (provide a minimum 24 hour notification. Co-op staff will arrange interviews on campus, via telephone, or video conference.
- 3. Extend your offer of employment to the Co-op Office. We will facilitate the contract and provide students 48 hours to receive and access the offer to accept or reject.
- 4. Once student arrives to your organization provide an orientation. While on work term complete and sign the work contact form and approve the student's learning objectives.
- 5. Participate in a work site evaluation mid-way through the work term and complete a student performance evaluation at the end of the work term.

#### **DID YOU KNOW?**

- 1. Our students can start work terms in May, September or January.
- 2. We offer various work term models from your traditional co-op four to eight month work term which accommodates short projects to a 12-16 co-op internship which works exceptionally well if you need an employee for a longer duration that can see a project from start to finish.
- 3. We recommend sending your job description early so that you have access a larger applicant base.
- 4. We have modern and inviting interview rooms that you can use for your interviews oncampus.
- 5. We can put you in touch with our faculty if you have questions about what students are learning in the classroom.

# INTERESTED IN HIRING A NUTRITION CO-OP?

Contact

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