

**HISTORY, FUNDAMENTAL
KNOWLEDGE AND SKILLS**

**TEAM FORMATIONS AND
SYSTEMS**



**PREPARES FOR COACHING AT
ADVANCED LEVELS**

RULES, DRILLS, STRATEGY

HKIN 233: Volleyball



**Technical/Tactical
Team Selection
Volleyball Specific Training**



**CLASSROOM SESSIONS AS WELL AS PRACTICAL SESSIONS.
INDEPENDENT RESEARCH WILL BE AN INTEGRAL PART OF THE PROGRAM**