

This course provides an in-depth look at techniques, systems, and team structure relating to the sport of Canadian tackle football.



Through in-class sessions we will explore the history of the sport and the evolution of various football tactics.



HKIN 228: Advanced Instruction and Coaching in Football

Learn how to plan a practice, scout an opponent, and develop effective schemes for offence, defence, and special teams.



Learn technical instructions used to develop high-level quarterbacks, running backs, receivers, linebackers, defensive backs, and offensive and defensive linemen.

