

Running Head = SHORTENED TITLE GOES HERE



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**Your Title Goes Here:**

**You Can Add a Subtitle Too\***

Author's Name

Name of University

Word Count = [number, including text, footnotes, and references]

You will need to create a new here so that your next section always appears at the top of the page.

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\* Title footnote includes name, address, and email address of author, as well as key words.

# SHORTENED TITLE GOES HERE

## **Your Title Goes Here: You Can Add a Subtitle Too**

Notice the title of your essay is repeated at the top of the first page. Different journals (or professors) may have specific requirements regarding paragraph indentation. Do not add a subheading (e.g., INTRODUCTION), instead, begin writing the essay here. If your essay requires the addition of sections and subsections, the headings will be added in the follow formats.

### LEVEL 1 HEADING

Notice that Level 1 Heading contains all caps and is left-justified. The text under this heading begins in a new paragraph. Again, it is your choice whether to indent or not, simply be consistent. You may even have to have further levels of subsections.

### Level 2 Heading

Notice that the Level 2 Heading has capital letters for all words except articles, prepositions and conjunctions. It is also left-justified. The text under this heading will begin in a new paragraph.

*Level 3 headings.* Notice that the Level 3 Heading has lowercase letters for all words except the first word and names. It is italicized and indented. Notice, too, that this heading is followed by a period and that the paragraph continues immediately it.

### CONCLUSION

Here is where you will write your conclusion.

## SHORTENED TITLE GOES HERE

### REFERENCES

Bolton, Gillie. 2014. *Reflective Practice: Writing and professional Development*. 4<sup>th</sup> ed. London: Sage.

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[https://novascotia.ca/dhw/publications/Minister\\_s\\_Advisory\\_Panel\\_on\\_Innovation\\_in\\_Mental\\_Health\\_and\\_Addictions.pdf](https://novascotia.ca/dhw/publications/Minister_s_Advisory_Panel_on_Innovation_in_Mental_Health_and_Addictions.pdf)

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<https://doi.org/10.1068%2Fa38179>



Don't use tabs or spaces to create hanging indents!

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